

## Strength and Growth Areas in Your Relationship

*All couples have areas in their marriage that are strong, and areas that could use some work. Take a minute and think about where your relationship is currently. Then, place an "X" by the top 3 growth areas and top 3 strength areas in your relationship. (Adapted from PREPARE/ENRICH couple assessment.)*

Strength Areas

Growth Areas

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\_\_\_\_\_

Realistic Attitudes About Marriage

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Approval of Partner's Behavior

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Ease of Couple Communication

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Ability to Resolve Couple Conflicts

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Realistic Money Management

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Compatible Leisure Attitudes

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Compatible Sexual Attitudes

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Attitudes About Children & Parenting

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Adjustment to Family & Friends

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Consensus on Roles & Responsibilities

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Compatible Spiritual Beliefs & Practices